

# Long Hill Parks & Recreation Presents

## Field Hockey Clinics



### Watchung Hills Area Students Entering Grades 3-8 in the fall



#### Grades 3 & 4 Program

Mondays & Thursdays Clinics

9/10 - 9/28 (6 Sessions )

Kantor Park Turf Field Gillette, NJ

5:30pm—6:30pm

(Arrive by 5:15pm for check in & health screening.)

\$60 per participant

Register on Community Pass, Select Fall 2020

(<https://register.communitypass.net/longhill> )

Instructors: Vanessa Fowler & Dan Hutchinson

#### Pandemic Precautions

All participants will follow additional protocols during the pandemic which may be adjusted as necessary during the season for the Grades 3-8 programs.

If your child is sick, please have them stay home.

Participants will have to wear a cloth face covering at drop off and pick up and if using the bathroom facilities. During training, the cloth face coverings may be removed.

All participants will have their temperatures taken at the beginning of each session with an infrared touchless thermometer. Anyone with a fever of 100.4F or higher will not be able to participate in the session.

Goalie equipment will not be able to shared. Therefore, when scrimmaging, we will not be using goalies.

#### Grades 5—8 Program

Mondays & Thursdays Clinics

9/10—10/30 (exc. 10/12)

Kantor Park Turf Field Gillette, NJ

6:30pm—8:30pm

(Arrive by 6:15pm for check in & health screening.)

\$130 per participant

Register on Community Pass, Select Fall 2020

(<https://register.communitypass.net/longhill> )

Program Director: Kathy Gulbish

Add'l Training: US Sports Institute

This program will build upon skills for our returning players as well as provide opportunities for those players new to the sport to develop a foundation. Each session will involve skills & drills and will also provide scrimmaging opportunities.

Mouth Guards, Cleats, Shin Guards, Field Hockey Goggles are mandatory. Each participant should bring their own Field Hockey stick. A very limited number of loaner sticks are available on a first come, first served basis. Participants will also need to have a pinnie—Pink & white Reversible (same as worn in past years.) \$15 each